

Scottsdale Center for Urology

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PRE-PROCEDURE INSTRUCTIONS FOR A VASECTOMY

Please follow these instructions prior to your vasectomy:

- No Aspirin, aspirin products or blood thinners **7-10** days prior to the procedure. Tylenol products are acceptable. If you have any questions on your medications you are currently taking, call your doctor or PCP who prescribed the medication.
- Do not consume alcohol **24** hours prior to the procedure.
- Wear loose fitting clothing and bring briefs or an athletic supporter (jock strap) to wear home.
- Shave the entire scrotum (ball sac, family jewels).
- You may drive yourself home.
- You need **two** days complete rest after your vasectomy. Upon returning to work, you will need to be on light duty for **7-10** days.

The Physician will address all other questions you might have during the consultation prior to the procedure

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